

# LET'S TALK - COMMUNITY KORERO

COMMUNITIES WORKING TOGETHER TO MAKE A DIFFERENCE



The Community Korero is an early evening community event that runs in conjunction with the Cool to Korero school programme. Where the school talk empowers young people to find solutions for their problems and makes it ok to talk, the Community Korero reinforces the need for adults to listen. After all, there is no point in getting our youth to open up if nobody is listening.

Government and non-government agencies are invited to attend the talk are given an opportunity to address attendees. This enables them to let the community know, who they are, what they do, and how they can be accessed. This is the major focus of The Key to Life Charitable Trust: Uniting communities and highlighting where they can get help.

Over the course of the evening Mike once again shares his story with the community before branching out and talking about the problems faced by today's youth. They include: bullying, peer pressure, drugs and alcohol, sex abuse, divorce, sexuality and disconnection at home and in school. An in depth Q&A follows and it is here that the community gets to ask the hard questions, express their concerns and offer up solutions that may be helpful for our youth. This free 2 hour event is solution driven and packed full of useful information and tools that we all need to make positive difference in our communities.

## OUTCOMES

- A more united community
- A community where everyone feels more connected, less isolated and alone
- A community where young people are less afraid to come forward and ask for help
- A community that has more empathy for others who may be having problems
- A community that is more willing to come to the aid of their peers and pathway them to the help they may need
- A community where young people recognise your concern for their welfare and are prepared to show you that recognition in return.

## COMPREHENSIVE FOLLOW UP SERVICE

All talks come with a comprehensive follow up service including fact sheets covering the key points of the talk including

- Guide to Depression in Men
- Guide to Depression in Women
- Parents Guide to Teen Depression
- Guide to Teenage Depression
- 15 Things You Should Never Say to Someone Who is Depressed

All attendees who wish to speak to me confidentially will be given my personal phone number and email address so I can answer any questions and if need be pathway them to the appropriate professional services.



The Key To Life Charitable Trust

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